



**Fairness & Wellbeing  
Commission**

**Doncaster - Age Friendly City**

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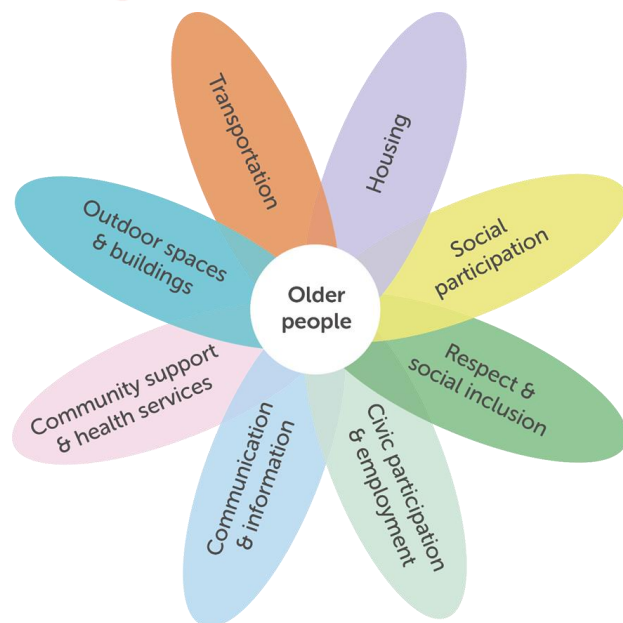


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# Ageing Well Delivery Plan

- The Life Stage delivery plans are updated every year and represents the joint ambition for the forthcoming year.
- The life stage delivery plans have been updated to take into account all local knowledge regarding priorities for 2023/24 and also include the national priority areas set out in the NHS Planning Guidance and the NHS Long Term Plan.
- The actions within the delivery plans have been shared with partners and then agreed locally across health and social care commissioners.

- Alongside this work providers and commissioners are also working towards the development of one Doncaster plan.
- This will be based on the Place Plan vision, setting out our joint aims for the year and describe how commissioners and the provider alliance will work together.
- The life stage delivery plans will be aligned with the one Doncaster plan.



### **An Age Friendly Perspective**

- Is about adapting a particular 'lens' through which to view policies and services in place
- Focusing attention on the issues of particular relevance to older people and all of us as we age

# Becoming an Age Friendly City

The Centre for Ageing Better describe an Age-friendly Community as 'a place where people of all ages are able to live healthy and active later lives. These places make it possible for people to continue to stay living in their homes, participate in the activities that they value, and contribute to their communities, for as long as possible.'

The Age-friendly Communities Framework was developed by the World Health Organisation, in consultation with older people. It is built on the evidence of what supports healthy and active ageing in a place.'

### **Developing a Baseline Assessment**

Using available statistical information and insight from the Age Friendly assessment, we will create a baseline profile to assess healthy ageing in Doncaster and build a picture of what it is like to age in Doncaster. This will create a baseline for measuring progress and highlight areas where priority action is needed, influencing strategic priorities, policies and offers of support to promote and embed an Age Friendly approach/culture across the City.

### **UK Network Registration**

To be submitted by June, this will raise our profile, peer support from other areas in the Network and we will have access to events/seminars.



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# Ageing Well in Doncaster

 Office for Health  
Improvement  
& Disparities

## State of Healthy Ageing in Yorkshire and the Humber 2023

A resource to support local Health  
Needs Assessments

February 2023



People are living longer lives with fewer children which means the population in the UK and in the Y&H region is ageing. As people age they tend to put a greater demand on health and care services.

Additionally COVID-19 has had a disproportionate impact on older people and highlighted the need to focus on this agenda across the system in Y&H.

### Aims and Objectives

- shine a spotlight on healthy ageing in the Y&H
- highlight wider impacts of COVID-19 on older people
- engage elected members, public health teams, other local authority teams, NHS and voluntary sector partners in a regional discussion on healthy ageing to identify and share examples of good practice
- support Local Authority public health teams who are developing or refreshing their joint strategic needs assessments (JSNAs) or healthy ageing strategies
- explore more integrated ways of working with our integrated care boards (ICBs), NHS England (NHSE) and ADASS partners



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# Housing

## Fuel Poverty – Affordable Warmth Programme

- People at risk of cold homes with a health related condition(s) are eligible for the Boilers on Prescription Service
- There is eligibility criteria
- Majority who access the service are 65+
- Funded through the Better Care Fund (£85,000pa)
- Affordable warmth training (professionals and informal in the community which promotes options available)
- Plan for upcoming financial year is targeted comms and community events for people at risk of fuel poverty

## Social Prescribing

- 22/23 - 1627 referrals across Doncaster
- 72% over 50
- 47% 65+
- 307 referrals linked to housing solutions and help to stay living at home
  - Unsuitable housing
  - Very poor living conditions affecting health
  - Adaptations/Aids
  - Difficult system to navigate
  - older people who own property however cannot afford repairs and are now too frail to sell and downsize if they have no family.

## Housing – Ageing Well

The Housing Strategy 2020-25 recognises the importance of homes being accessible and inclusive in their design to meet residents' current and future housing needs. Homes should suit the requirements and support of inhabitants including those with disabilities or long-term conditions and older people allowing them to remain as independent for as long as possible.

## Compassionate Approach

Compassionate Conversations about Energy toolkit aimed at supporting professionals visiting households.

The toolkit aims to support professionals to have meaningful conversations with compassion, and provides useful information relating to affordable warmth, energy saving advice and referral pathways.



## Stock Condition Survey – Health Impact Assessment

- Poor housing condition (defined as housing where a HHSRS Cat 1 hazard is present) causes an estimated 880 harmful events requiring medical treatment each year in the borough
- Of those 880 events almost all are avoidable and range from respiratory diseases arising from excess cold in homes to fractures and injuries caused by falls
- The est cost to the NHS p.a. arising from poor property condition is £5.5m, and the costs to wider society (other public services, spending on benefits, loss of future earnings etc) is £42m
- The biggest savings achievable on these costs arise from removing/reducing fall hazards for older people
- Doncaster has a higher rate of fall hazards than the England average – the most common incident is “falling on stairs”
- Excess cold – removing/reducing this hazard would typically involve installing or improving loft insulation to 300mm, installing cavity wall insulation, installing central heating where there is none and having a room thermostat. However, with fuel costs at their current level, perhaps the main challenge from many people is being able to afford to use their central heating system enough to keep a property suitably warm (+16 degrees)

**Table 4:** Estimates of the numbers and percentage of dwellings with the presence of each of the Housing Standards Variables assessed by the Housing Stock Models and HSCD by tenure for Doncaster

Variable		Private sector stock				Social stock	
		Owner occupied		Private rented			
		No.	%	No.	%	No.	%
No. of dwellings		90,404	-	24,990	-	24,191	-
HHSRS category 1 hazards	All hazards	11,996	13%	4,031	16%	1,955	8%
	Excess cold	1,881	2%	746	3%	246	1%
	Falls hazards	9,924	11%	3,076	12%	1,634	7%
Disrepair		2,400	3%	1,221	5%	410	2%
Fuel poverty (10%)		9,498	11%	2,887	12%	4,294	18%
Fuel poverty (Low Income High Costs)		10,157	11%	5,415	22%	4,215	17%
Low income households		16,126	18%	10,474	42%	19,002	79%

## Energy Efficiency

The Council has drawn in more than £6m over the last couple of years to press ahead with retrofitting housing to make big improvements to energy efficiency, with over 1,000 homes being improved. Most of them are St Leger homes because that's where most of the grant funding has been aimed at, but we have also been helping private households.

The housing retrofit challenge is huge in terms of reducing carbon emissions and tackling climate change – well over 100,000 homes across the borough will need improving in the drive to net zero, but those same works also help make sure cold-related illnesses are reduced.



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# Dementia

Delivering the Strategy as a Partnership

## Doncaster Dementia Collaborative

The Doncaster Dementia Collaborative (DDC) is a group formed from the voluntary, community & faith (VCF) communities and Health and Social care statutory and non-statutory organisations, to influence and support positive local change to those effected by dementia living in Doncaster.

### Healthwatch Insight Report 2022

- Lack of Support
- Lack of Information
- Navigating the System
- Assessment and Referral
- Diagnosis and Treatment
- Health Inequalities

### Strategy Priorities

- Information, Advice and Guidance
- Diagnosis of Dementia
- Support with my diagnosis
- Needs of Carers and Family

### Cross Cutting Priorities

- Health Inequalities
- Dignity and Compassion
- Workforce
- Data
- Co Production

### **Doncaster Dementia Survey 2023**

People with Dementia,  
Carer and Family – 409  
Responses

Stakeholder Survey – 37  
Responses





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# Dementia

The Dementia Well Pathway

## NHS ENGLAND TRANSFORMATION FRAMEWORK – THE WELL PATHWAY FOR DEMENTIA

PREVENTING WELL	DIAGNOSING WELL	SUPPORTING WELL	LIVING WELL	DYING WELL
 <p>Risk of people developing dementia is minimised</p>	 <p>Timely accurate diagnosis, care plan, and review within first year</p>	 <p>Access to safe high quality health &amp; social care for people with dementia and carers</p>	 <p>People with dementia can live normally in safe and accepting communities</p>	 <p>People living with dementia die with dignity in the place of their choosing</p>
"I was given information about reducing my personal risk of getting dementia"	"I was diagnosed in a timely way"  "I am able to make decisions and know what to do to help myself and who else can help"	"I am treated with dignity & respect"  "I get treatment and support, which are best for my dementia and my life"	"I know that those around me and looking after me are supported"  "I feel included as part of society"	"I am confident my end of life wishes will be respected"  "I can expect a good death"

- Awareness raising & risk reduction
- Education
- Public Health campaigns
- Dementia Roadmap
- Accessible information to everyone living in Doncaster

- Increase in diagnosis rates
- Pre-diagnostic service
- Identification and referral
- Working with PCN's
- Development of best practice protocol
- Harmonisation of GP registers and secondary care
- Improve patient flow
- 6 weeks RTT
- Supportive assessment tools
- Pro-active case finding
- Diagnosis in care homes

- Work across the wider system to support people living with dementia and their carers
- Holistic MDT approaches
- Improve information sharing/decision making
- Ensure support is available to people with dementia and their carers to navigate the system to understand their options for health, care and support.
- Acute wards – Effective discharge planning
- Virtual wards
- Ensure there is equity and availability of services
- Co Production of services, ensuring people living with Dementia and their carers are involved in designing, developing and reviewing services.
- Personalised care
- Promote Self Care and Self Treatment
- Care Planning and Advanced care planning ReSPECT

- End of Life Care
- Enhanced care in care homes
- Woodfield 24
- Advanced care plan ReSPECT

### Pre & Post Diagnostic Service

Offering advice, guidance, care and support to people prior to a potential dementia diagnosis and post diagnosis for all levels of need (mild, moderate and severe) including Young Onset Dementia

### Community Therapy and Support Service

Offering a range of support and interventions which might include peer support, cognitive resilience, befriending, respite and activities which supports clients to live well in their communities and feel less isolated.

Health Inequalities, Digital & Social Isolation, Coproduction